
Introduction

Most of us spend a lot of time having conversations of one form or another, but some people are clearly much more effective than others at ensuring the conversations they have strengthen relationships and are productive, rather than waste time and destroy trust.

The good news is that conversations are based on a number of distinct skills – the five Super Skills – which means we can all become better. But that is not the whole story. Our ability to use these Super-Skills also depends on our personality.

This workshop provides a structure and insights to improve the quality of conversations that an individual has in and out of work. This is only the start of an ongoing journey. The workshop centres around the SuperSkills model and the integration of the Facet5 SuperSkills report which looks at the main facets of your personality using the Facet5 personality instrument and provides a unique insight into how this determines how an individual is likely to 'show up' in conversation against the five Super-Skills and where you can focus to drive improvements.

Purpose of program

To help you to improve the quality of conversations an individual has in and out of work. This is the start of an on-going journey to building better relationships. Organisational performance is improved one conversation at a time. Improved engagement, employee wellbeing, collaboration and performance are all outcomes of effective conversation skill development.

Overview

- Welcome and Introductions
- The power of conversations
- The neuroscience that underpins conversations
- Introduction to and understanding of the five Super-Skills of Conversation™
- What this means for you by exploring your personal Super-Skills report
- Practical tips and techniques that you can use in your everyday work.